# Free Will and the Future

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#### How Shall We Think of the Future?

- Two different visions
  - One, the unfolding of inevitable, pre-determined events
  - Two, as possibilities
  - Are more things possible than actually happen?

# Slumdog Vs. Terminator





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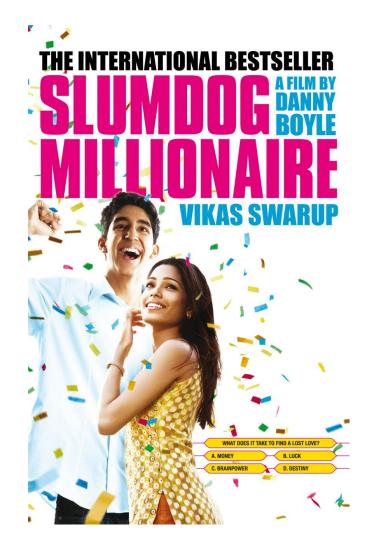


 "There is no fate but what we make for ourselves"

# Slumdog Vs. Terminator

"Question: How did he do it? (A) He cheated.
(B) He is lucky. (C) He's a genius. (D) It is written"

Answer: D



#### Different Visions of the Future

- Many possibilities, paths leading in different directions, choices
- OR
- Everything is determined in advance, and there is only one possible future

 The first offers much scope for free will; the second, not so much

#### Determinism

- Pierre Simon LaPlace (1749-1827)
- If we could know the precise situation of every particle in the universe now, plus all the laws of nature, we could calculate the future with complete accuracy and precision
- Thus, there is only one possible future, and it is already determined

#### Debating Free Will... But What Is It?

- Exemption from causality?
- Souls/minds causing behavior?
- Decide on your own?
  - Acting against external pressure ?
- Morally responsible choices?
- Legal, political freedom?

# The Classic (but Wrong?) Debate: Determinism Vs. Free Will

- Determinism is the view that causal principles of "laws of nature" make one single future path inevitable
- Some say, because everything has a cause, there can be no free will
- But causality is not the problem
- There are many kinds of causes, and free will could be just one more
- Also psychology's causes are probabilistic, not deterministic

# Uselessness of Determinism (Causal Inevitability: Only One Possible Future)

- Unworkable as basis for psychological theory, for understanding mind and behavior
- Psychological phenomena involve multiple possible alternatives...

### Might Happen and Might Not Happen

- Essential to human psychology: many phenomena & processes are based on multiple possibilities
- (Assuming multiple possible futures violates determinism)

# Things That Might Happen Yet Might Not Happen

- Threat, danger, opportunity, affordance
- Success, failure, competition
- Choice among alternatives, control
- Moral judgment, responsibility
- Contingencies, planning, revising
- Negotiation, compromise
- Promise, obligation, commitment

## Death, the Inevitable Future?

- Some theories say most psychology, even most human activity, is affected by knowing that we will all die, inevitably
- But people hardly ever think about that
- In contrast, a particular threat of dying will attract much thinking
  - Might die but might not
  - Pragmatic thinking: to avoid dying

#### Uselessness of Determinism cont'd

- Unworkable as basis for understanding mind
- Psychological phenomena involve multiple possible alternatives
- Situation structure contains possibilities
- Agency, control, choice inherently based on multiple possibilities

#### Uselessness of Determinism

- ALSO determinism is unworkable as basis for living daily life:
- The purpose of thinking about the future is pragmatic
  - Plan what to do
  - Prepare for what is coming
  - Adjust ourselves to future events

 "We cannot choose to act as if we have no choice."

-- J. Sherman

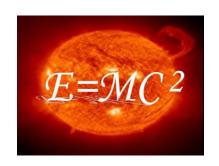
- The human psyche is in part something that makes choices
- Human choosing is different and more advanced than what other apes do
- We can understand free will as being what is special & different about human choosing

# Social Scientist's Task(s) for Understanding Free Will

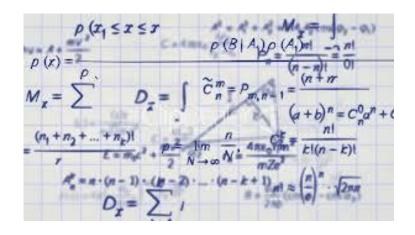
- Explain how (and why) humans developed new form of action control
- Explain how people behave in situations that have multiple possible outcomes

 Can everything ultimately be explained by the laws of physics?









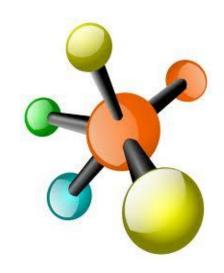
- Can everything ultimately be explained by the laws of physics?
- No!

- Can everything ultimately be explained by the laws of physics?
- No!
- Nothing can violate them.
- But there are other causes that work with and through them.

- Economics, Sociology
- Psychology
- Physiology
- Biology
- Chemistry
- Physics

# "There are only molecules. Everything else is sociology."

- James Watson



## Chemicals: Atoms / Molecules

Oxygen

Carbon

Hydrogen

Nitrogen

Calcium

**Phosphorus** 

Potassium

Sulfur

Sodium

Magnesium

Copper, Zinc, Selenium, Molybdenum, Fluorine, Chlorine, Iodine, Manganese, Cobalt, Iron, Lithium, Strontium, Aluminum, Lead, Vanadium, Arsenic, Bromine

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Cobalt,

# Scientific Theory of Free Will...

- Causal
- Not supernatural
- Consistent with evolution
- All or nothing?

# Not All or Nothing

- Some acts are freer than others
- Individual capacity fluctuates
  - Evolution used the body's energy to produce free will

# In (Psychological) Practice, What is Free Will?

- Self-control
- Decision making
- Initiative (active rather than passive behavior)

#### Free Will

- As a high level of self-organization
- Action based on ideas, meanings
  - Including ideas about the future
- Autonomy
- Responsibility

# **Evolution of Free Will**







# **Complex Decisions**



#### What Free Will Evolved for

- Natural selection as success at survival & reproduction
- Humankind's unusual strategy

#### What Makes Us Human?

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  - E.g., evolved capabilities for language
  - And so free will!

## **Animal Behavior**

- Stuck in time
  - Here and now
- Respond to immediate stimulus
- Instincts, inner drives, reinforcement history
  - Relatively little executive function
- ...Unsuitable for culture











#### **Human Behavior**

- Behavior can be natural
- Or cultural
- (or both)
- To act culturally is to be free of the natural response patterns
  - Natural impulse versus civilized restraint
  - Focus of social & legal responsibilities

#### **Evolution of Action Control**

- Plant vs. animal life
  - Brains
- Animal behavior: classical vs. operant conditioning
  - Fixed vs. voluntary behavior
- Human agency ("free will")
  - Socially meaningful reasons
    - Acting based on ideas!
  - Cultural animals
  - Base action on future, not past

#### **Evolution of Free Will**

- For functioning in culture
- Payoff: improved survival, reproduction
  - Because of cultural environment
- Free from Skinnerian, Pavlovian laws of stimulusbound behavior
  - Freedom is partial at best
- Cultural system can function only if people cooperate to some degree
  - Free will is for following rules! …..

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(Free will is for enabling individual animals to pursue enlightened self-interest in a social environment with many rules.)

## Causality is not the center of the free will problem

- Responsible autonomy is what society needs, for social systems to function
- Autonomy = self-government
  - Take care of yourself, make choices as a single being
- Responsibility = understand and accept consequences of your actions
  - Can operate within rules of social system

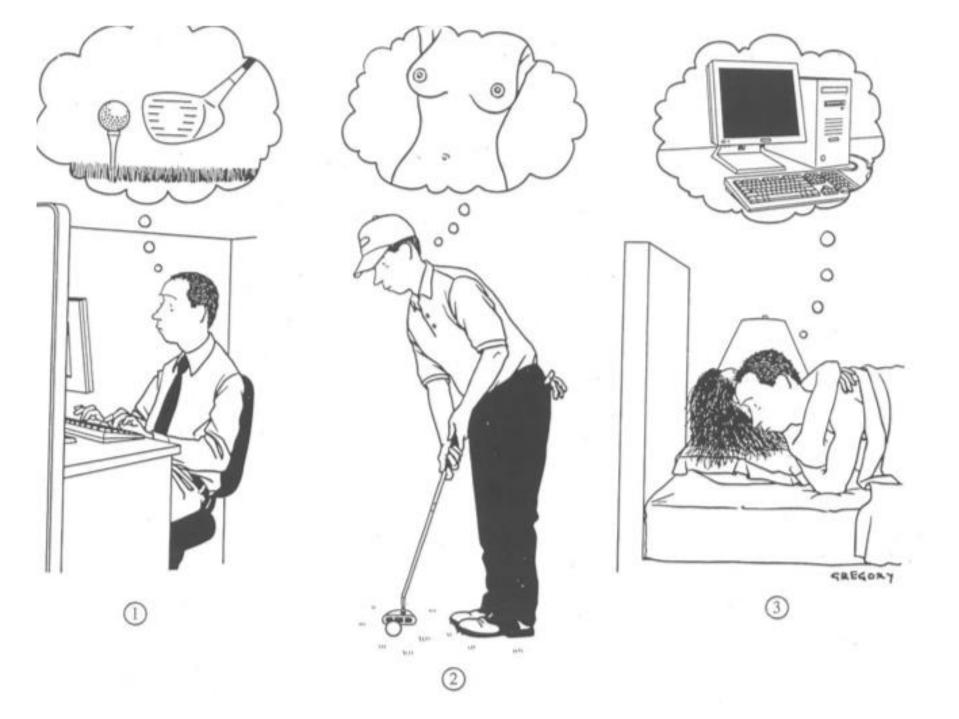
## Causality is not the issue

- Responsible autonomy is what society needs, for social systems (culture) to function
- New form of agency required, different from other animals
  - Moral agent
  - Economic agent
  - Information agent
- How did that emerge?

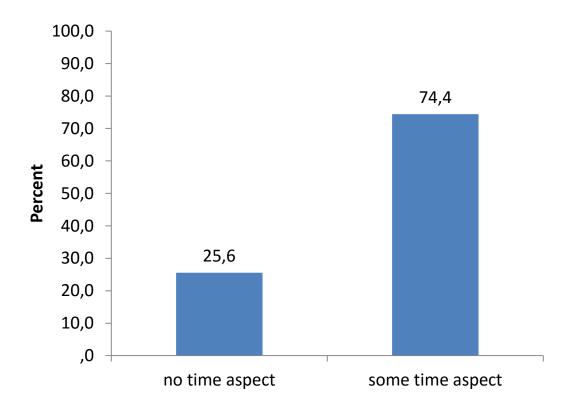
#### What about the Future?

- Free will assumes multiple possible futures
- Need to predict possibilities, sequences, consequences

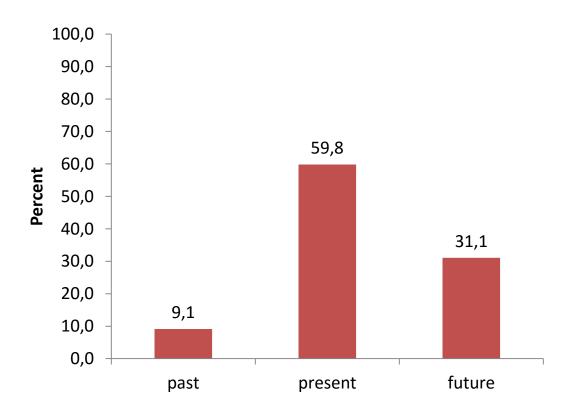
## **Experience Sampling Study**



## Whether thoughts have time aspect



## Within Thoughts that Invoke Time



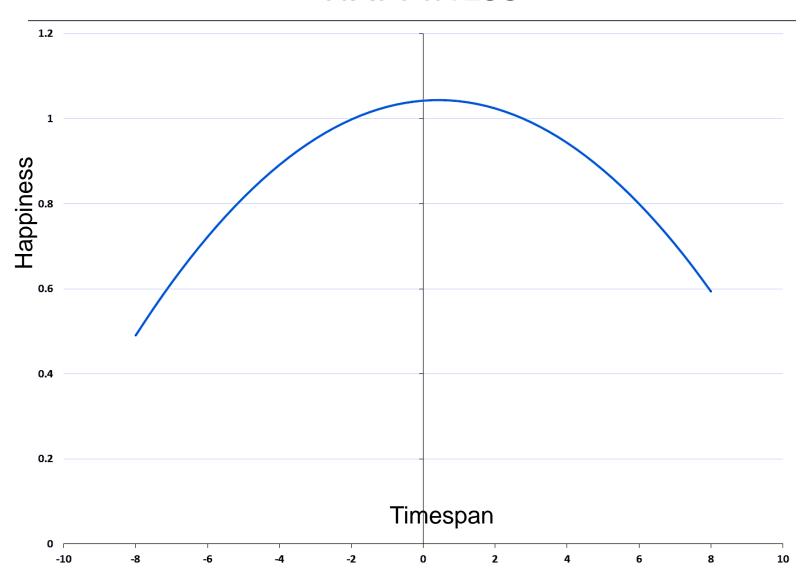
## Most Frequent Thoughts about Past

- #1 = Implications of past for the future
- Trying to understand
- Replaying over and over

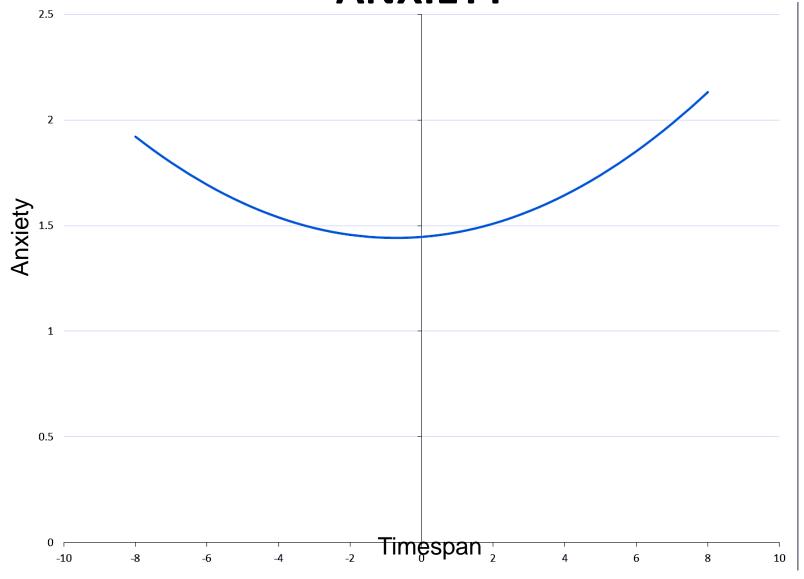
## Most frequent thoughts about Future

- #1 = Planning
- What I will do, should do, hope to do
- Wondering what will happen, hope will happen
- What should happen

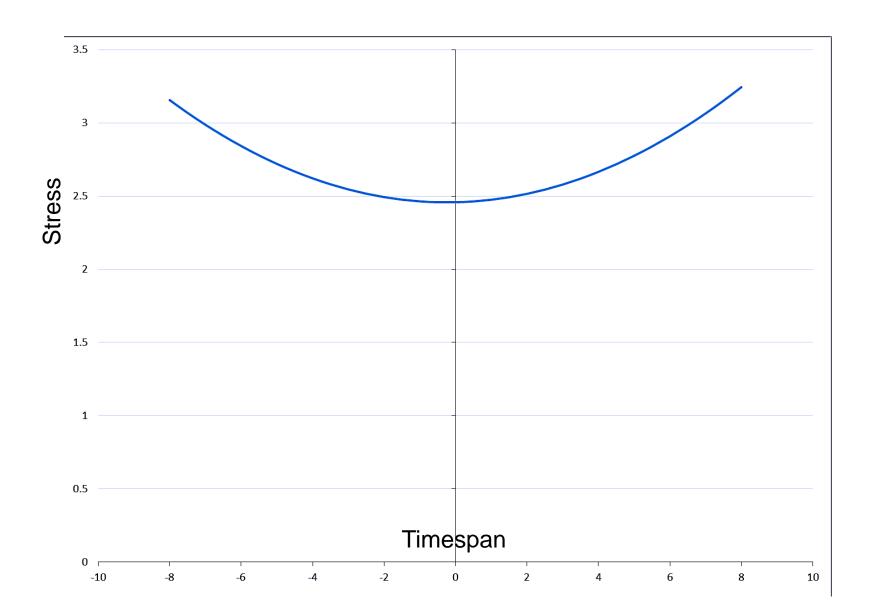
#### **HAPPINESS**



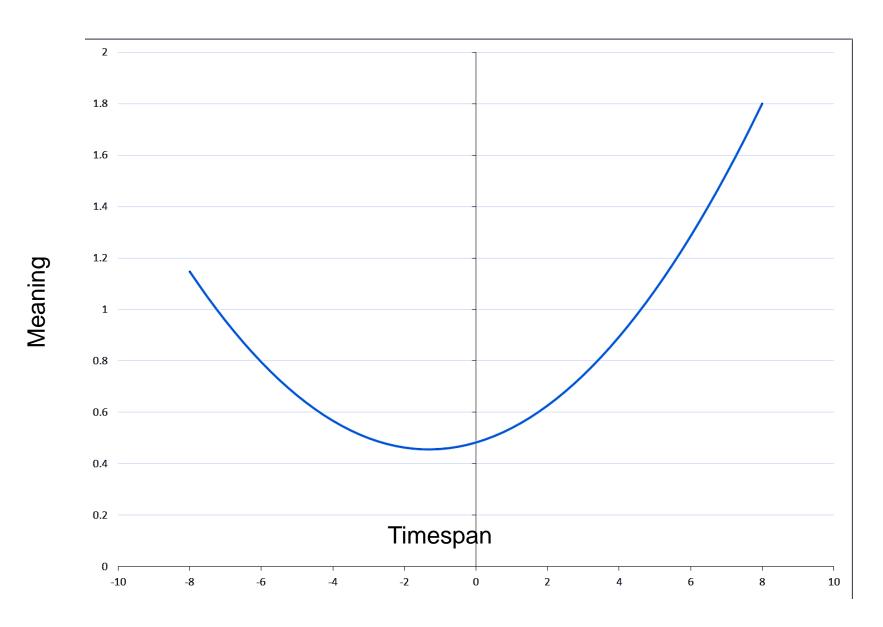
#### **ANXIETY**



#### **STRESS**

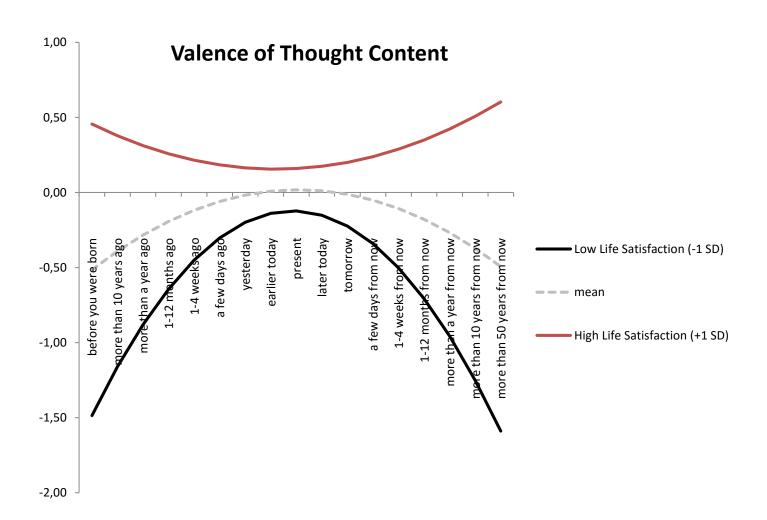


#### **MEANINGFUL**



- Happiness: here and now
- Meaningfulness: Future, past
  - Connecting past, present, future
- Control over thoughts: Future, present more than past

#### Life satisfaction and good/bad thoughts



#### Conclusion: Free Will and the Future

- Terminator, not Slumdog
- Free will as complex organization
- Evolved for life in cultural society
- Base present action on ideas (meanings) that involve future

## THE END

## The Reality Behind the Idea:

- Self-control
- Decision making
- Initiative
- ...Common underlying energy resource, fluctuating availability

## Believing in Free Will Causes...

- Greater honesty, less cheating
- Less aggression
- Think for self
- Reflect on own actions
- Learn from own mistakes, 'moral'
- More grateful
- More recycling, helping, other prosocial

## **Implication**

- Cultures believe in free will because that belief is useful, helpful for culture
  - It improves human cooperation & relations

#### Free Will as Another Kind of Cause

- There are many, many kinds of causes
  - Free will is just another kind
- Issue is whether person was able to act properly, with responsible autonomy
- Must be able to take care of self within the rules
- Autonomy within system constraints
  - Cf. games

#### Roots of Belief in Free Will

Experiments: belief in free increases when other people misbehave

## Twilight of the Idols, Friedrich Nietzsche

"Men were considered 'free' so that they might be judged and punished..."